









DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

Mar 10 - 14

WEEKLY MENU



Y 1/4 /					
	10/03 Monday	11/03 Tuesday	12/03 Wednesday	13/03 Thursday	14/03 Friday
SOCIAL KITCHE	N Monday: 11:00am - 1:30	Opm; Tuesday to Friday: 11:	30am - 2:30pm		
Meal A \$40 Takeaway \$37 Dine-in	Tomato & Chicken Casserole w/ Rice	Chicken Masala w/ Rice	Sweet & Sour Pork w/ Rice	Roasted Chicken Steak in BBQ Sauce w/ Rice OR Fusilli	Chicken Karaage w/ French Fries [\$46]
Meal B \$40 Takeaway \$37 Dine-in	Japanese Pork Curry w/ Rice	Baked Fish Fillet in Wild Mushroom Sauce w/ Penne OR Rice	Hungarian Beef Goulash w/ Rice	Lemongrass Pork Chop w/ Rice	Baked Fish Fillet in Portuguese Sauce w/ Spaghetti OR Rice
Meal C \$37 Takeaway \$34 Dine-in	(V) Spinach Cream Sauce Farfalle	(Vegan) Braised Omni-Pork w/ Eggplant, Rice	(Vegan) Balsamic Roasted Organic Veggie w/ Macaroni	(Vegan) Vegan Indian Curry Koftas w/ Pita Bread OR Rice	(Vegan) Sauteed String Bean w/ Dried Tofu & Kale Borecole, Rice
BOWL Monday:	12:15pm - 1:15pm; Tuesda	ay to Friday: 1:15pm - 2:15p	m		
Bowl \$40	Stir-fried Flat Rice Noodle w/ Beef	Taiwanese Soup Noodle w/ Beef	Japanese Soup U-don w/ Chicken	Singapore Fried Vermicelli Noodle	Taiwanese Braised Minced Pork w/ Boiled Egg, Rice
LEO'S Monday:	7:00am - 3:00pm; Tuesday	v to Friday: 7:00am - 4:00pm	n e		
Salad Box \$36	Grilled Bacon Caesar	(V) Potato & Apple Salad	Tuna Nicoise	Thai Beef Salad in Sweet Chili Sauce	Japanese Cold U-don w/ Shredded Chicken in Sesame Dressing
PIAZZA PIZZA N	Monday: 12:15pm - 1:15pm	; Tuesday to Friday: 1:15pm	n - 2:15pm		
Pizza A \$29	Ham & Cheese	Bolognaise Pizza	Grilled Chicken & Mushroom	Meat Lover	Bacon & Cheese
Pizza B (Vegetarian) \$29	(V) Marinara	(V) Margherita	(V) Portobello	(V) Trio Cheese	(V) Margherita
GO & ENJOY		are displayed on our daily menu, e informed dietary choices	From cage-free eggs to low-carbon foo sustainability is incorporated through		



helping students to make informed dietary choices



















WEEKLY MENU



	10/03 Monday		11/03 Tuesday		12/03 Wednesday		13/03 Thursday		14/03 Friday						
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Tomato & Chicken Casserole w/ Rice		Chicken Masala w/ Rice		Sweet & Sour Pork w/ Rice		Roasted Chicken in BBQ Sauce w/ Fusilli OR Rice		Chicken Karaage w/ French Fries						
Meal B	Japanese Pork Curry w/ Rice		in Wild	Baked Fish Fillet in Wild Mushroom Sauce w/ Penne OR Rice		Hungarian Beef Goulash w/ Rice		Lemongrass Pork Chop w/ Rice		Baked Fish Fillet in Portuguese Sauce w/ Spaghetti OR Rice					
Meal C	Spinach Cream Sauce Farfalle		Braised Omni-Pork w/ Eggplant, Rice		Balsamic Roasted Organic Veggie w/ Macaroni		Vegan Indian Curry Koftas w/ Pita Bread OR Rice		Sauteed String Bean w/ Dried Tofu & Kale Borecole, Rice						
Bowl	Stir-fried Flat Rice Noodle w/ Beef		Taiwanese Soup Noodle w/ Beef		Japanese Soup U-don w/ Chicken		Singapore Fried Vermicelli Noodle		Taiwanese Braised Minced Pork w/ Boiled Egg, Rice						
Salad Box	Grilled Bacon Caesar		Potato & Apple Salad		Tuna Nicoise		Thai Beef Salad in Sweet Chili Sauce		Japanese Cold U-don w/ Shredded Chicken in Sesame Dressing						
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Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



















